

YOGA SCHOOL

Opening 18th January, 2010

1A Young St, Redfern - Above Garden Life

Opening timetable for Jan 18th – Feb 28th

More classes from March 1st including
Breathing, Meditation, Chanting, Sutras, Yoga Therapy, Asana study

MON	6:30 pm	Layla	Bookings
TUES:	5.00 pm	Prenatal	Bookings
	6:30 pm	Layla/Carine	Bookings
WED:	6:30 am	Layla	Drop-in
	5.00pm	Prenatal	Bookings
THUR:	6:30 pm	Gen	Drop-in
FRI:	10.00 am	Layla	Drop-in
SAT:	7:30 am	Layla	Drop-in
	9.00 am	Ben	Drop-in

All classes are 75 mins

Bookings = 6 wk course: \$96
\$10 introductory (first) class, \$18 casual class

For bookings and enquiries, please call:

Carine Lo Presti: 0411 611 568 or Layla Weiss: 0414 660 161

For Prenatal course (\$120) please contact

Francesca: 0410 251 620